



# 6 Essential Prayers

## West Chazy Community Church

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## *West Chazy Community Church*

Personal Discipleship Journal

Lent

March 6— April 10, 2022

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## West Chazy Community

Prayer means different things to different people.

To some it is a discipline to be practiced in order to demonstrate faithfulness and gain spiritual favor. To others it is a litany of religious phrases to be memorized and recited as an act of penitence. To the cynical, it is a wish list submitted to a capricious genie who may not listen or even care.

But to the mature Christian disciple, prayer is a rich conversation with a God who is deeply and intimately involved in our whole lives. It is an act of worship and heart surrender. It is an affirmation of familial bond. A passionate confession of eternal devotion. A tearful cry of estranged lovers struggling to reconcile. A plea for rescue. A celebration of gratitude. It is an expression of trust that He who promised is faithful to keep His word.

This season, we are seeking to go deeper in our prayer life. This series will look to the Lord's model prayer to draw out six essential principles to build our relationship and commune with God.

In Christ's name. Let it be so.

Pastor Steve

### Scripture Reflection: John 8:21-30

Which is hardest for you to give up: control, comfort, or credit?

Think of a time when God stretched your trust in Him. What did it cost?  
How did it turn out?

Look up John Wesley's Covenant Prayer. What part challenges you the most?  
What specific attitudes, events, or relationships might hinder you from fully praying Wesley's words?

Write your own brief prayer of surrender and trust. Ask the Holy Spirit to help you commit those difficult parts.



WEEK 6

April 10, 2022

**Yours is the kingdom and  
the power and the glory.**

Essential Prayer: As you wish.

## The Lord's Prayer

Our Father in heaven,  
Hallowed be Your name.

Your kingdom come.  
Your will be done  
On earth as it is in heaven.

Give us this day our daily bread.

And forgive us our debts,  
As we forgive our debtors.

And do not lead us into temptation,  
But deliver us from the evil one.

For Yours is the kingdom and the power and the  
glory forever. Amen.

Sermon in a Sentence:



WEEK 1

March 6, 2022

**Our Father in heaven,**  
**hallowed be your name**

Essential Prayer: You are God and I am not. You are worthy of all praise, and I worship you.

**Scripture Reflection:** Colossians 1:19-23; Philippians 1:6

Write a brief testimony of the good work God has begun in you. Look for an opportunity to share it this week.

As you recall your testimony of your early faith, what progress have you made since then? What roadblocks have you hit?

Are there promises in the Scripture or examples in others' faith that still seem beyond your reach? What might your testimony look like if those areas in your life were more fully developed?

Write a brief prayer confessing areas where you recognize a need for greater maturity, faith, or holiness. Thank God for His promise to keep helping in those areas. Ask Him to reveal the next step you can take into a deeper faith.

Sermon in a sentence:



WEEK 5

April 3, 2022

**Lead us not into temptation**  
**but deliver us from evil**

Essential Prayer: Amen. Let it be so.

**Scripture Reflection:** Ephesians 1:3-14

Ephesians 1 emphasizes God's sovereignty. He created us and designed our purpose without first consulting us. How do you feel about that authority?

When you think of God as a Father, what feelings does that stir up? Do you think of Him as stern and perfect or loving and tolerant? What are some specific attributes of God which are worthy of your praise.

What habits, relationships, or attitudes are difficult to submit to God's authority? What might those same aspects look like if they were conformed to the Image of Christ?

Write out a brief prayer praising God for who He is. Ask His help in reshaping those rebellious aspects in light of His holiness.

Sermon in a Sentence:



WEEK 2

March 13, 2022

**Your Kingdom come,**  
**your will be done,**  
**on earth as it is in heaven**

Essential Prayer: I make you King of my life.

**Scripture Reflection: John 15:9-17**

Think about the difference between a friend and a debtor or a creditor. How do we relate differently when the relationship is based on love rather than obligation?

The Scripture identifies us as both saints and conquerors. What events in your past hinder your identity as a holy saint? As a victorious conqueror? What makes it most difficult to forgive yourself or to forgive another?

Write a prayer of confession regarding those past events. Again be honest with God about the pain you have suffered and that which you have inflicted. Ask the Holy Spirit to help you see yourself as a child of God, rather than a victim or a perpetrator of sin.

Sermon in a sentence:



WEEK 4

March 27, 2022

**Forgive us our debts**  
**as we forgive our debtors**

Essential Prayer: I'm all yours.

**Scripture Reflection:** Acts 16:25—34 ; Joshua 24:14-15

What do you envision when you think of the Kingdom of God? What might it look like if our world were more like that Kingdom?

Think about your own sphere of influence. In what places or relationships do you have authority? Who trusts you for leadership or advice?

How does your conduct, speech, and decision-making in your sphere of influence reflect your citizenship in Heaven?

Peek back at last week's prayer to remember areas that are hard to submit. Commit to bringing those specific areas under the Lordship of Christ. Write a brief prayer seeking to live your heavenly citizenship in your earthly circumstances.

Sermon in a Sentence:



WEEK 3

March 20, 2022

## **Give us this day** **our daily bread**

Essential Prayer: I trust you.

**Scripture Reflection:** Philippians 4:10-19; Matthew 6: 19-21; 24-34

Think about how God has supplied your needs. Make a list of things you are grateful for.

Paul said he learned to be content, even in hard times. Are there areas where you feel discontent? What do you want that is not being supplied? Be honest with yourself about those feelings.

Ask the Holy Spirit to show you what you need to set in order, regarding His Kingdom and His righteousness, before “all these things will be added to you.”

Are you willing to Trust God if His answer to your want is “No” or “Wait”? Write out a brief prayer asking for what you want and need. Be honest with God about your feelings and commit to trust His answer.

Sermon in a sentence: