



The Blessing

The Good Word

We are blessed.

We are loved by the Father,
saved by the Son
and filled with the Holy Spirit.

We continue the flow of Jesus' life
by loving God and serving others.

In Christ we find forgiveness, fulfillment, and family.
In Christ we find fearlessness and fortitude.

We can do all things through Christ who gives us strength.
We are blessed so that we can bless others.



West Chazy Community Church

Personal Discipleship Journal

October—November 2021



WEEK 7

November 14, 2021

All Things Through Christ

“I can do all things through Christ who gives me strength.” How should we understand these words? And what happens when we live them out?

Sermon in a Sentence:

Scripture Reflection: Philippians 4:1-23

Think of a time Christ strengthened you. Describe it here in a few sentences.

Did everything turn out as you hoped?

How would you describe God’s goodness even when things go wrong?

Pray for an opportunity this week to share your experience with someone in need of strengthening.